

Fitness Trainer Income Tax Checklist

Gross Income:

Vehicle and Travel

Starting mileage (Jan 1)	<input type="text"/>
Ending mileage (Dec 31)	<input type="text"/>
Commuting / Personal	<input type="text"/>
Equipment purchase miles	<input type="text"/>
Continuing education miles	<input type="text"/>
Fitness training miles	<input type="text"/>
Other business miles	<input type="text"/>
Other business miles	<input type="text"/>
Tolls / Parking	<input type="text"/>
Car registration	<input type="text"/>
Interest paid on vehicle	<input type="text"/>
Airfare & Lodging	<input type="text"/>
Hotel / Motel	<input type="text"/>
Business Meals	<input type="text"/>
Tolls / Parking	<input type="text"/>
Uber / Taxi	<input type="text"/>

Legal and Professional

Tax preparation	<input type="text"/>
Attorney fees	<input type="text"/>
Certification / Renewals (CPR or PT)	<input type="text"/>
Other	<input type="text"/>

Office

Pens / Pencils / Paper	<input type="text"/>
Tablet / Computer and accessories	<input type="text"/>
Training software / CRM	<input type="text"/>
Printer / Toner / Ink	<input type="text"/>
Other	<input type="text"/>
Other	<input type="text"/>

Communication

Cellphone	<input type="text"/>
Cellphone accessories	<input type="text"/>
Tablet / Aircard service	<input type="text"/>
New cell / Aircard	<input type="text"/>
Home internet	<input type="text"/>

Equipment

Dumbbells / Kettlebells	<input type="text"/>
Mats	<input type="text"/>
Plyometric boxes	<input type="text"/>
Bosu balls / Weight balls	<input type="text"/>
Band / Tubing	<input type="text"/>
Jump ropes / Ropes	<input type="text"/>
Cones	<input type="text"/>
Other	<input type="text"/>

Supplies

A/V equipment	<input type="text"/>
Fitness apparel / Uniform / Shoes	<input type="text"/>
Stopwatch	<input type="text"/>
BMI scale / Skin calipers / Tape measure	<input type="text"/>
Other	<input type="text"/>

Repairs on equipment / supplies:

Advertising

Business cards	<input type="text"/>
Social media / Website / Email services	<input type="text"/>
Promotional items / Paid ads	<input type="text"/>
Marketing	<input type="text"/>
Other	<input type="text"/>
Other	<input type="text"/>

Education

Continuing education / Seminars	<input type="text"/>
Tuition / Professional development	<input type="text"/>
Books	<input type="text"/>
Other	<input type="text"/>

Other

Building rent / Gym fees	<input type="text"/>
Outsourcing (substitute trainer)	<input type="text"/>
Labor (employee / contract)	<input type="text"/>

Conduct business at home?

Yes / No

If yes: Home SF: _____ Office SF: _____

* Does your 1099 reflect your gross pay, or your net pay after deductions? You need to know!